

# FEELINGS **FIRST**

Are you a  
parent/guardian/caregiver  
in BC with a child under six?



Feelings First is a government-funded initiative in BC to promote social and emotional development in the children 0 to 6 years old. We are developing e-learning resources for parents/guardians/caregivers and we need your help.

Please join an online focus group where we will present resources we have developed for promoting mental health and social and emotional development during pregnancy and in baby's first year. Your comments will help to make them even better for supporting other parents and caregivers in BC!

## Focus Group Dates:

Thursday, June 1st from 12 to 1:30pm or Saturday, June 3rd from 10 to 11:30am

- Each session is online (over Zoom) and 1.5 hours long. We will present some content and then provide some questions for discussion to get your feedback
- Each participant selected will receive \$40 to thank you for your time (Limit of 1 honorarium/household)
- Each session is limited to 8 participants. Please register by clicking on the link or QR code below. Please note that registration does not guarantee a space, and we will contact you to confirm your spot. If sessions are full we will add you to a waitlist.

[REGISTRATION LINK](#)



Feelings First is delivered in partnership with the BC Healthy Development Alliance and:



Ministry of  
Mental Health  
and Addictions